

# **LDSSG Newsletter September 2015**

Firstly a massive thank you to everyone who made our recent trip to Rand Farm such a success, and of course to Rand Farm for hosting us again. The air pillows seemed very popular and the Skyride was a big hit for the more adventurous!

# **Events**

The LDSSG committee have been busy arranging a number of events that will be coming up later in 2015.

# **Fundraising Ball**

We are pleased to announce our charity ball will be held at The Bentley Hotel, Lincoln on 10<sup>th</sup> October at 7pm.

Tickets cost £40 which includes a fantastic 3 course meal and entertainment for the evening from The Electric Band. Adults with Downs Syndrome receive their ticket free of charge

This is a fantastic even that has always received excellent feedback so we hope you can make it!

For tickets please contact <u>Keeley.ldssg@hotmail.com</u> or contact the committee on 07902 121870

We can sell tickets individually or even better you can bring a table full of friends to join you. Tables are for 10.

Please note that this event is for over 18's and the dress code is black tie.

#### **Makaton Training**

We have organised 2 beginners Makaton training sessions. One will run in Grantham on 22<sup>nd</sup> September and the other in Lincoln on 29<sup>th</sup> September. Places are limited, the Lincoln session is currently full but we are taking names on a reserve list and we do have a few spaces available on the Grantham session. If you are interested please contact Eileen (Eileen.ldssg@hotmail.com)

# Halloween Disco

We are holding a Halloween Disco on Friday 30<sup>th</sup> October from 7-9pm at The Venue, Navenby. This event is aimed at our members aged 10 and over and they are welcome to bring their friends to the event as well.

There must be a parent/carer to stay on the premises to look after any young people that they bring.

The event is free of charge but there will be a tuck shop available.

For more information or to let us know you are coming please contact Caroline (carolinestanley65@hotmail.co.uk)

# **Activity Day**

We are hoping to run a day of sports activities led by Virsco sports coaching in the October school holidays. It would run from 10am-3pm and there will be a variety of activities for our members to enjoy. The session is aimed at our members aged 5 and older and there will be a high staff ratio in place to ensure that our members get the very most out of the day.

Having gathered some interest from our facebook page and email we are now looking to confirm a date and venue. Once this is finalised we will share this with you so that you can book your places.

#### Drama Group

We are very excited to confirm that our drama group will launch on 1st November! This will take place on a Sunday morning 10am – 12pm at The Venue in Navenby. The group is open to our members of all ages and their siblings. Parent/Carer would be required to stay on the premises.

# Please contact Eileen

(<u>Eileen.ldssg@hotmail.com</u>) for more information or to book your place.

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#### 2016 Calendar

We are very pleased to announce that the LDSSG Calendar will be on sale in October! The calendars feature our very own wonderful models are will be available for just £5. Please contact any of the committee to reserve your copy!!

#### **Committee**

We are also always keen to have new members on the committee. Are you thinking about being part of the committee but not sure what it involves?

... We meet generally once every couple of months. During the meetings we just need ideas, suggestions and feedback on what support we can provide to our members and their families as well as ideas for fundraising events. Outside of the committee meetings we appreciate that everyone has different commitments and so we just ask for you to help out where you can with organising events etc

New members are always made to feel welcome!

# How can we support you?

As well as organising social events for us all to get together and have fun LDSSG can support our members in a variety of ways from funding training and education days to swimming lessons and specialist equipment and resources. We are happy to consider any requests for support. Please contact one of the committee using the email addresses below.

#### Feedback & Suggestions

As you can see we have been busy organising a number of events that we hope will be of benefit to our members. If you have any more suggestions of how we can provide support to your family then please contact one of the committee members:

Eileen McMorrow, Chair eileen.ldssg@hotmail.com

Simon Linforth, Treasurer Simon.ldssg@hotmail.co.uk

Keeley Maxwell, Secretary Keeley.ldssg@hotmail.com